



Please read the following policies and sign at the end:

1. Rules and Regulations Agreement
2. Dress Code for ECSP
3. Transportation requirements
4. Medical Consent Form
5. Release Form

## ***1. Rules & Regulations Agreement***

During the past 20 years, hundreds of high school students from all over the country have participated in a Christendom Summer Program. Many of them have said that the program was a life-changing experience as it offered them an opportunity to grow in their understanding of the Catholic Faith, to experience the joy of Christian fellowship, and to make friends for life.

Due to our increasingly secular society, we are experiencing an insensitivity to many Christian values and aspects of Catholic teaching. At Christendom College, we endeavor to find and affirm the good in the midst of the challenges of modern culture. In order for our Summer Program participants to more fully immerse themselves in the Christendom experience, we require that they abide by the following rules and regulations, which serve as aids to living a truly Catholic life:

1. Practice Christian Charity: Treat all those around you with respect, honesty, charity and courtesy. This eliminates such behaviors as disrespect, bad language (cussing, swearing, cursing, profanity), gossiping, exclusivity, etc.

The practice of Christian charity also includes chastity and appropriate physical interaction. Students are expected to refrain from any inappropriate and unchaste physical conduct during their time in the Program. Such behavior may be a ground for discipline and dismissal from the Program. Further, any sexual harassment or contact may also result in the involvement of law enforcement and reports to appropriate authorities where required, in addition to dismissal. All students are expected to abide by the College's Sexual Misconduct Policy, found on page 17 of the Student Handbook: <https://www.christendom.edu/wp-content/uploads/2019/06/Student-Handbook-19-20.pdf>

Participants have a responsibility to conduct themselves in a manner consistent with Catholic moral teaching, in particular the Church's teaching on human sexuality. Lewd, indecent, and obscene behavior is addressed in the aforementioned Sexual Misconduct Policy. Intrinsically disordered behavior or expression (see Catechism of the Catholic Church § 2331-2400) can be subject to intervention and further action by the College (disciplinary or otherwise, up to and including dismissal from the Program). The advocacy of such conduct or expression will also be subject to action by the College (disciplinary or otherwise, up to and including dismissal from the Program). This document from the USCCB provides context for the College's application of this policy: <http://www.usccb.org/issues-and-action/marriage-and-family/marriage/promotion-and-defense-of-marriage/upload/Gender-Ideology-Select-Teaching-Resources.pdf>.

2. Modesty & Professional Attire: As Catholics, we know that our bodies are temples of the Holy Spirit and thus must be treated with respect and dignity. In order to help foster the virtue of modesty, a dress code that recognizes this virtue will always be in effect during your time at the Summer Program, as it is during the school year at Christendom College. In order to foster a professional and academic atmosphere in the classroom and a respectful reverence during Mass, a professional dress code will be in effect for all classes, Mass and lunch periods. More information on the dress code is attached.

The specifications for dress code set out in this document are meant as guidelines and not as exhaustive rules. Note that the code calls for modest attire and professional dress. Simple adherence to the letter of the law or pushing the limits of what is acceptable may result in a judgment of the administration that what seems technically correct does not in fact comply with the spirit of the rules. One's dress should reflect the distinction and dignity of one's sex, lending to an understanding and appreciation of the creation of men and women in the image of God. Program staff and will be the judges of whether an outfit is acceptable dress code on whatever occasion.

3. Cell Phones & Other Electronics: While cell phones are a wonderful way to stay connected with friends and family while you are away from home, overuse can disconnect you from the Program and those attending it with you. **Cell phones must be kept in the residence hall during morning and afternoon classes and Mass** – their use at other times must be governed by prudence and charity. iPods, MP3 and any other portable media players must also be used with prudence. All media player use will be limited to the residence halls or to free time periods. Otherwise these electronic items can hinder true fellowship, which is one of the goals of the Program.

Counselors reserve the right to restrict cell phone or electronics use and temporarily confiscate devices if it is deemed that such usage has become excessive or disruptive.

4. Attendance: Since the classes that are taken during the Program are meant to introduce students to the academic life at Christendom College, students must attend all classes each day unless there is some extraordinary circumstance. If such a circumstance arises, a Program Counselor must be informed so that the student can be excused. In order to fully immerse themselves in the spiritual life offered to them during their time at Christendom, students will attend Mass, Rosary, and Benediction each day that they are offered. Lastly, students must take part in all of the extra-curricular events (dances, trips, excursions, dinners, talent show, etc) in order to truly participate in the Program. Exceptions to these rules must be discussed with and approved by a Program Counselor. See tentative schedule for more details.

5. Inter-visitation & Visitors: As always at Christendom College, inter-visitation is not permitted at any time during the Program. This means that students are not allowed in the residence halls of the opposite sex at any time. Students may not have visitors (friends or relatives) visit them while they are taking part in the Program, unless it has been previously arranged with the Admissions Office.

6. Respect for Authority: In keeping with the virtues of obedience and respect, students must always follow the directives of those in charge of the Program, particularly the Counselors who will be living in the residence halls with the students and attending/leading all of the extra-curricular events with them.

7. Smoking/Alcohol/Drugs: As mentioned above, everyone at Christendom endeavors to treat their bodies as temples of the Holy Spirit. In addition to practicing modesty, all students must treat their bodies with respect by not smoking, drinking alcohol or using illegal drugs at any time during the Program. Additionally, possessing and/or consuming alcohol or tobacco under the age of 21 is illegal in the Commonwealth of Virginia. Participants found to be in violation of the alcohol policy will be asked to leave the program.

8. Curfew: Each evening of the program, there will be a curfew in place—10:30 Sunday-Thursday evening and potentially later on the last evening of the program--at which time all participants are required to remain in their assigned residence hall.

9. Discipline/Expulsion. Students who choose to disobey the rules and regulations that are outlined above will be subject to discipline, which could result in a student being asked to leave the Program. If a student is expelled from the Program, no refund will be offered, and parents are responsible for arranging transportation for their student to be picked up from the campus in a timely manner. This might entail a parent driving to campus to pick up the student or arranging with the airlines to take an earlier flight home. Parents are responsible for any additional transportation costs incurred. Expulsion from the ECSP may negatively affect a student's future application for admission to the college.

Please make sure that your Program experience is a positive one by reviewing the above rules and abiding by them while you are here at Christendom. We want you to have an enjoyable, enriching and fun time – please help us to make that happen!

**Please continue to the next page to read about the Dress Code Policy.**

## 2. Dress Code for ECSP

As Christian men and women, we must strive to treat our bodies as gifts from God, our bodies are meant to be taken care of and clothed with dignity. Since what we wear reflects in a real way an aspect of who we are, our external modesty will reflect the interior virtue that we are striving to attain. Additionally, wearing professional dress for classes, Mass, and lunch assists students with understanding the value of these activities.

Since modesty is one area that can be challenging for young people, Christendom College endeavors to help its students and program participants by providing the following dress codes. The Modesty Code is always in effect while the Professional Dress Code is in effect only during classes, Mass, and Lunch. **Please note: Men are not allowed to have any visible piercings, and women may only have visible ear piercings.**

### Modesty Code for Men:

- No tight shirts or muscle tees
- Belts must be worn if pants tend to ride too low
- Shirts must be worn at all times except when swimming or engaging in water activities
- No ripped or holey clothing
- No inappropriate logos or slogans or band names on clothing

### Modesty Code for Women:

- No tight-fitting or form-fitting shirts or pants
- No spaghetti straps: all straps of all dresses and tops must be at least 1 inch thick.
- Nothing should be low cut – whether in the front or the back (nothing lower than 1.5 inches below the collar bone)
- Shorts must be long enough so that the wearer's fingertips do not go past the hem of the shorts
- All skirts or dresses must come to the crease at the back of the knee.
- Women's swimwear must be a modest one-piece or tankini that covers the midriff and clothing must be worn over the swimsuit when not in the water
- No tank tops at any time
- No sheer tops either in or out of class

### Professional Dress Code for Men (to be worn during Mass, classes, and lunch only):

- Dress pants with a belt – no patch pockets, cargo pants, jeans, shorts, joggers, etc.
- Dress shoes – no sneakers, flip flops, sandals, etc.
- Dress shirts (button down with collar – any color, long or short sleeved), tucked in
- Dress socks – no athletic socks
- Clothing must be reasonably wrinkle-free and clean
- Undershirt must be worn underneath a white dress shirt
- Necktie or bowtie

### Professional Dress Code for Women (to be worn during Mass, classes, and lunch only):

- A professional/business-style dress (this **excludes** more casual dresses such as sundresses, spaghetti-strap, high-low skirts/dresses or maxi dresses).
- Dress skirt or dress pants (no back patch pockets or crop pants) paired with a button-down, collared dress blouse (by this we do not mean “polo-type” shirts or any shirts without buttons going down the entire front of the shirt – and it needs to be worn buttoned up, not open with a t-shirt underneath).
- Maxi skirts are permitted (but maxi dresses are not).
- Dress shoes/sandals (no flip-flops, Birkenstocks, clogs, or athletic-style shoes).

### 3. *Transportation Policies*

Christendom's transportation department picks up participants (free of charge) at the Dulles International Airport (IAD) and the Vienna Metro Station (orange line). Arrangements must be made with the Admissions Office **at least 2 weeks prior** to arrival – no exceptions!

- For those who are driving, please arrive on campus between 2:00pm-4:00pm on the first day of the program (Sunday), and plan on departing any time after 9am and before 2pm on the last day of the program (Saturday).
- For those flying in, book your flight to arrive at Dulles on the Sunday (first day of the program) so that you can take one of the college's free shuttles departing from Dulles at 1pm, 2:30pm, and 4pm. If you come in earlier in the day, please plan on waiting in the airport until those times. Students may book flights departing anytime between 9am-4pm on the last day (Saturday) of the program. **PLEASE MAKE SURE YOUR FLIGHTS MEET THESE REQUIREMENTS!! We cannot pick up students at any other times than those listed above.**

The Admissions Office must have your flight schedule at least 2 weeks prior to your arrival. Fill in your travel information below. All participants, even if driving to and from campus, must fill out the travel information form.

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Student's Name \_\_\_\_\_ Cell# \_\_\_\_\_

**Arrival (Check one):**  driving  Flying into Dulles/need a ride  Need a ride from Vienna Metro

Arrival Date: \_\_\_\_\_ Arrival time: \_\_\_\_\_

Airline \_\_\_\_\_ Flight# \_\_\_\_\_

**Departure (Check one):**  driving  Flying out of Dulles/need a ride  Need a ride to Vienna Metro

Departure Date: \_\_\_\_\_ Departure time: \_\_\_\_\_

Airline \_\_\_\_\_ Flight# \_\_\_\_\_

**Please continue to the next page to read and sign the Medical Consent Form**

# 4. Medical Consent Form

## Consent for Medical/Surgical Care/Emergency Treatment and Child's Medical Information

In presenting my son/daughter for diagnosis and treatment

Name: \_\_\_\_\_ for \_\_\_\_\_  
 Mother     Father     Legal Guardian     Son     Daughter

of \_\_\_\_\_ years of age, hereby voluntarily consent to the rendering of such care, including diagnostic procedures, surgical and medical treatment and blood transfusions, by authorized members of the hospital staff or their designees, as may in their professional judgment be necessary.

I hereby acknowledge that no guarantees have been made to me as to the effect of such examinations or treatment on my child's condition.

I have read this form and certify that I understand its contents.

We/I hereby give our (my) consent to **Christendom College, LLC**  
(Name of Person/Agency)

who will be caring for our (my) child \_\_\_\_\_  
(Name of Child)

for the period \_\_\_\_\_ to \_\_\_\_\_ to arrange for routine or emergency medical/dental care and treatment necessary to preserve the health of our (my) child.

We/I acknowledge that we are (I am) responsible for all reasonable charges in connection with care and treatment rendered during this period.

Name: \_\_\_\_\_ Family physician: \_\_\_\_\_

Address: \_\_\_\_\_ Pediatrician: \_\_\_\_\_

\_\_\_\_\_  
Surgeon: \_\_\_\_\_

Telephone no.: \_\_\_\_\_ Orthopedist: \_\_\_\_\_

Name of health insurance carrier: \_\_\_\_\_ Child's allergies, if any: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Date of last tetanus booster: \_\_\_\_\_

Group no.: \_\_\_\_\_ Medicines child is taking: \_\_\_\_\_

Agreement no.: \_\_\_\_\_ \_\_\_\_\_

Does your student have any health problems, physical disabilities, or other health or wellbeing concerns?

NO       YES (if yes, please explain)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does your student have any dietary restrictions or known food allergies?

NO       YES (if yes, please explain)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has your student been consulted or been treated by physicians, clinics or other medical practitioners within the last two years (other than routine checkups)?

NO       YES (if yes, please explain)

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Has your student been treated by a psychologist or other mental health practitioner for any mental, emotional, or nervous disorder within the last two years?

NO       YES (if yes, please explain)

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Further comments or further clarification you would like to add?

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CERTIFICATION OF HEALTH INFORMATION: I hereby certify that the information I provided and answers I have made above are true, correct, and complete to the best of my knowledge. I understand that I am responsible for updating this form with any changes and that failure to provide full, accurate personal information, especially information that might impact one's personal safety and/or wellbe- ing, during any portion of ECSP may result in my student's dismissal from the ECSP.

RELEASE OF INFORMATION: The undersigned hereby consent to release to Christendom College the information contained in the undersigned student's medical history forms and physician's reports, with the understanding that these files be kept confidential.

MEDICAL RELEASE: In case of medical need, the Director of Admissions, ECSP Coordinator, ECSP Counselor, or other College employee have the permission of the undersigned to admit the undersigned student to the hospital or to contract with a physician for diagnosis and/or treatment. The undersigned assume, jointly and severally, full financial responsibility for such diagnosis and/or medi- cal treatment and to indemnify Christendom College, its agents and employees against all such claims.

I hereby certify that my student has no medical or other health conditions which will prevent their normal and expected participation in the ECSP. I further certify that my student has sufficient health, accident, and liability insurance to cover any bodily injury or property damage they may incur while participating in the ECSP and to cover bodily injury and property damage caused to a third party as a result of their participation in this program.

In case of emergency, I can be reached at CELL # \_\_\_\_\_

Signature:

Date:

\_\_\_\_\_  
Mother, Father, or Legal Guardian

\_\_\_\_\_

## 5. Release Form

Christendom College  
RELEASE AGREEMENT  
(For Parents of Students Under 18 years of Age)

I (We), \_\_\_\_\_ parent(s) of \_\_\_\_\_, (hereafter "Student") who is a participant in the College's: **Experience Christendom Summer Program - 2020**

Dates of Program:  **Session 1: June 7-13**       **Session 2: June 14-20**       **Session 3: June 21-27**  
Check One       **Session 4: July 5-11**       **Session 5: July 12-18**

do hereby release and forever discharge Christendom College, LLC (hereafter "the College"), its employees, agents, directors, officers, successors, and assigns, and any current Insurance Company or any other subsequent insurer against which any claim might be asserted, from any and all liability, claims, or causes of action of any nature whatsoever arising from any accident, personal injury, or damage to personal property arising from or in conjunction with the Student's attendance and participation, whether on or off campus, in this program.

I (We) further covenant and agree not to sue or assert any claim of any nature whatsoever against the College, its employees, agents, directors, officers, successors and assigns, and any current Insurance Company, or any other subsequent insurer against which any such claim might be asserted by me arising from any accident, personal injury, or damage to personal property of the Student.

I (We) further acknowledge that we have been given adequate notice that the Student will participate in a wide range of physical activities in this program, on or off campus, such as recreational sports, canoeing, hiking, horseback riding, swimming, etc. which can involve risk from accident, personal injury, or damage to personal property.

I (We) further agree that this release agreement shall be binding upon me, and my heirs, and all other successors of interest.

\_\_\_\_\_  
Parent (Guardian) Signature      Other Parent (Guardian) Signature      Date

\_\_\_\_\_  
Name (Print)      Name (Print)      Date

\_\_\_\_\_  
Street or P.O. Address

\_\_\_\_\_  
City/Town      State      Zip

**Please check the boxes and sign below.**

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- I have read, understand, and plan to abide by the Rules and Regulations of the Program.
- I have read, understand, and plan to abide by all of the Dress Code Requirements.
- I have read, understand, and plan to abide by all of the Transportation Policies.

Student's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Student's Signature: \_\_\_\_\_

- I have read, understand, and agree to the Rules and Regulations of the Program.
- I have read, understand, and plan to ensure my child meets the Dress Code Requirements.
- I have read, understand, and plan to abide by all of the Transportation Policies.
- I have fully revealed all known medical conditions on the Medical Consent Form.

Parent/Guardian's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian's signature: \_\_\_\_\_

We recommend you print out a copy of this agreement for your records, in addition to sending one copy to the Admissions Office via mail, or email.

If you have any questions about any part of this agreement, please contact Sam Phillips ([sam.phillips@christendom.edu](mailto:sam.phillips@christendom.edu) or 800.877.5456 (toll-free), 540-551-9185 (direct line)