



THE BEST WEEK EVER 2026
Christendom College
Front Royal, VA
admissions@christendom.edu
540.551.9187

Rules and Regulations Agreement

During the past 28 years, thousands of high school students from all over the country have participated in a Christendom Summer Program. Many of them have said that the program was a life-changing experience as it offered them an opportunity to grow in their understanding of the Catholic Faith, to experience the joy of Christian fellowship, and to make friends for life.

Due to our increasingly secular society, we are experiencing an insensitivity to many Christian values and aspects of Catholic teaching. At Christendom College, we endeavor to find and affirm the good in the midst of the challenges of modern culture. In order for our Best Week Ever participants to more fully immerse themselves in the Christendom experience, we require that they abide by the following rules and regulations, which serve as aids to living a truly Catholic life:

1. Practice Christian Charity: Treat all those around you with respect, honesty, charity and courtesy. This eliminates such behaviors as disrespect, bad language (cussing, swearing, cursing, profanity), gossiping, exclusivity, etc.

The practice of Christian charity also includes chastity and appropriate physical interaction. Students are expected to refrain from any inappropriate and unchaste physical conduct during their time in the Best Week Ever. Such behavior may be a ground for discipline and dismissal from the Best Week Ever. Further, any sexual harassment or contact may also result in the involvement of law enforcement and reports to appropriate authorities where required, in addition to dismissal. All students are expected to abide by the College's Sexual Misconduct Policy, found on page 17 of the Student Handbook: <https://www.christendom.edu/pdfs/handbook.pdf>

Participants have a responsibility to conduct themselves in a manner consistent with Catholic moral teaching, in particular the Church's teaching on human sexuality. Lewd, indecent, and obscene behavior is addressed in the aforementioned Sexual Misconduct Policy. Intrinsically disordered behavior or expression (see Catechism of the Catholic Church § 2331-2400) can be subject to intervention and further action by the College (disciplinary or otherwise, up to and including dismissal from the Best Week Ever). The advocacy of such conduct or expression will also be subject to action by the College (disciplinary or otherwise, up to and including dismissal from the Best Week Ever). This document from the USCCB provides context for the College's application of this policy: <https://www.usccb.org/resources/Gender-Ideology-Select-Teaching-Resources.pdf>

2. Best Week Ever Dress Code: As Catholics, we know that our bodies are temples of the Holy Spirit and thus must be treated with respect and dignity. In order to help foster the virtue of modesty, a dress code that recognizes this virtue will always be in effect during your time at the Best Week Ever, as it is during the school year at Christendom College. In order to foster a professional and academic atmosphere in the classroom and a respectful reverence during Mass, a class dress code will be in effect for all classes, Mass and lunch periods during the Best Week Ever.

One's dress should reflect the distinction and dignity of one's sex, lending to an understanding and appreciation of the creation of men and women in the image of God. BWE counselors and staff will be the judges of whether an outfit is acceptable dress code on whatever occasion. If a student is wearing clothing which does not fulfill the dress code, he or she will be asked to change.

3. Cell Phones and other Personal Electronic Devices: While cell phones are a wonderful way to stay connected with friends and family while you are away from home, overuse can disconnect you from the Best Week Ever and those attending it with you. **During the week, cell phones must be kept in the residence halls and only used for**



THE BEST WEEK EVER 2026
Christendom College
Front Royal, VA
admissions@christendom.edu
540.551.9187

communication. All other personal electronic devices are not permitted and will be confiscated if brought.

Counselors reserve the right to restrict the use of cell phones (including temporary confiscation) if it is deemed that such usage has become excessive or disruptive.

4. Attendance: Students must arrive at the beginning of the program on Sunday and remain on campus until the conclusion of the program on Saturday. Any questions about this must be directed to the Director of Admissions.

Since the classes that are taken during the Best Week Ever are meant to introduce students to the academic life at Christendom College, students must attend all classes each day unless there is some extraordinary circumstance. If such a circumstance arises, a Best Week Ever Counselor must be informed so that the student can be excused. In order to fully immerse themselves in the spiritual life offered to them during their time at Christendom, students will attend Mass, Rosary, and Adoration each day that they are offered. Lastly, students must take part in all of the extra-curricular events (dances, trips, excursions, dinners, talent show, etc.) in order to truly participate in the Best Week Ever. Exceptions to these rules must be discussed with and approved by the Best Week Ever Coordinator. See tentative schedule for more details.

If a situation arises which prevents a student from participating in the Best Week Ever (e.g. serious illness, injury, etc.), parents are responsible for arranging transportation for their student to be picked up from the campus in a timely manner.

5. Intervisitation & Visitors: As always at Christendom College, intervisitation is not permitted at any time during the Best Week Ever. This means that students are not allowed in the residence halls of the opposite sex at any time. Students may not have visitors (friends or relatives) visit them while they are taking part in the Best Week Ever, unless it has been previously arranged with the Admissions Office.

6. Respect for Authority: In keeping with the virtues of obedience and respect, students must always follow the directives of those in charge of the Best Week Ever, particularly the Counselors who will be living in the residence halls with the students and attending/leading all of the extracurricular events with them. Unwillingness to follow counselor direction, consistent, intentional disrespect, or disruptive or otherwise inappropriate behavior may lead to expulsion.

7. Smoking/Alcohol/Drugs: Smoking, vaping, tobacco usage of any kind, alcohol consumption, or usage of illegal drugs is strictly prohibited at the summer program. Moreover, possessing and/or consuming alcohol or tobacco under the age of 21 is illegal in the Commonwealth of Virginia. Participants found to be in violation of this policy will be required to leave the Best Week Ever and parents will be required to make immediate pickup arrangements at their own cost.

8. Curfew: Each evening of the Best Week Ever, there will be a curfew in place at which time all participants are required to remain in their assigned residence hall.

9. Discipline/Expulsion: Students who choose to disobey the rules and regulations that are outlined above, who engage in or promote activity contrary to Church teaching, or who engage in any disruptive or otherwise inappropriate behavior will be subject to discipline, which could result in a student being asked to leave the Best Week Ever. If a student is expelled from the Best Week Ever, no refund will be offered, and parents are responsible for arranging transportation for their student to be picked up from the campus in a timely manner. This might entail a parent driving to campus to pick up the student or arranging with the airlines to take an earlier flight home.



THE BEST WEEK EVER 2026
Christendom College
Front Royal, VA
admissions@christendom.edu
540.551.9187

Parents are responsible for any additional transportation costs incurred. Poor behavior and/or willful violation of Best Week Ever policies may negatively affect a student's future application for admission to the College.

Please make sure that your Best Week Ever experience is a positive one by reviewing the above rules and abiding by them while you are here at Christendom. We want you to have an enjoyable, enriching and fun time – please help us to make that happen!



THE BEST WEEK EVER 2026
Christendom College
Front Royal, VA
admissions@christendom.edu
540.551.9187

Best Week Ever Dress Code

As Christian men and women, we must strive to treat our bodies as gifts from God, our bodies are meant to be taken care of and clothed with dignity. Since what we wear reflects in a real way an aspect of who we are, our external modesty will reflect the interior virtue that we are striving to attain. Additionally, wearing dressier clothes for classes, Mass, and lunch assists students with understanding the value of these activities.

For the Best Week Ever, students must abide by two dress codes: Class Dress Code to be worn during classes, Mass, and Lunch, and Casual Dress Code to be worn at all other times.

Casual Dress Code for Men: worn outside of classes, Mass, and lunch time

- Consists of casual pants or shorts, as well as t-shirts, casual button-down shirts, sweaters, or sweatshirts.
- No muscle tees, tank tops, or short shorts may be worn (All shorts, including swimwear, must be long enough to reach the wearer's fingertips when their arms are held to their sides).
- Clothing should not be excessively form-fitting and shirts should not be low-cut in the back or front, or so short as to bare the midriff at any time.
- Belts must be worn if pants tend to ride too low.
- Apparel may not include derogatory, profane, or immoral images, slogans, graphics, or topics.
- No visible body piercings are allowed.
- Shirts and footwear are required in all buildings. Shirts must be worn at all times, except when swimming.
- Men are not to wear hats of any kind at mealtimes at the table, in the Chapel, in the Library, or in administrative buildings.

Class Dress Code for Men: worn for breakfast, classes, Mass, and lunch

- Consists of dress pants, belt or suspenders, dress shirt, tie or bowtie, dress socks, and dress shoes.
- Dress shirts must be button-down with a collar – any color, long or short-sleeved – and worn tucked in. No polo shirts. An undershirt must be worn beneath a white dress shirt.
- A belt or suspenders is required.
- Wearing a blazer or sport coat is optional.
- White socks are not considered professional dress.
- Sweatshirts, hooded sweaters or jackets, and similar garments are not permitted as professional dress.
- No back patch pockets, cargo-type pants, stretch-style pants, jeans, or joggers.
- Denim, flannel, or chambray clothing/outerwear are not permitted as class dress code.
- Flip-flops, Birkenstock, fishermen, and sporty-style sandals, clogs, tennis shoes, hiking/work/combat boots and similar are not appropriate for professional dress. Only dress shoes are permitted.
- Apparel may not include derogatory, profane, or immoral images, slogans, graphics, or topics.
- No visible body piercings are allowed.
- Clothing must be reasonably wrinkle-free and clean.

Casual Dress Code for Women: worn outside of classes, Mass, and lunch time

- Consists of casual pants, shorts, skirts, or dresses, as well as t-shirts, casual tops, sweaters, or sweatshirts.
- No tank tops, sheer clothing, or short shorts may be worn.
- All shorts must be long enough to reach the wearer's fingertips when their arms are held to their sides.



THE BEST WEEK EVER 2026
Christendom College
Front Royal, VA
admissions@christendom.edu
540.551.9187

- The hemline of all skirts, skorts, and dresses are to be no higher than the top of the wearer's knee cap.
- Clothing should not be excessively form-fitting and shirts should not be low-cut in the back or front (no lower than three fingers from the collar bone) or so short as to bare the midriff at any time. Halter tops or spaghetti straps are not permitted. All visible straps of a dress or shirt must be at least one inch wide at the top of the shoulder.
- Pants should not be too tight; leggings, tights, or yoga pants (unless worn with a dress or skirt which meets the guidelines) are not dress code.
- Apparel may not include derogatory, profane, or immoral images, slogans, graphics, or topics.
- No visible body piercings are allowed, other than earrings.
- Footwear is required in all buildings.
- Swimwear must be a modest one-piece or tankini that covers the midriff and clothing must be worn over the swimsuit when not in the water.

Class Dress Code for Women: worn for breakfast, classes, Mass, and lunch

- Consists of a professional/business-style dress or a professional blouse worn with a dress skirt/dress pants and dress shoes.
- Excludes more casual skirts/dresses such as sundresses, spaghetti-strap style, etc.
- The hemline of all skirts, skorts, and dresses are to be no higher than the top of the wearer's knee cap.
- All dress blouses must be button-down (the entire front of the shirt) and collared. Flannel material or polo shirts do not meet the class dress code requirement.
- Clothing should not be excessively form-fitting and shirts should not be low-cut in the back or front (no lower than three fingers from the collar bone) or so short as to bare the midriff at any time. Halter tops or spaghetti straps are not permitted. All visible straps of a dress or shirt must be at least one inch.
- Sweatshirts, hooded sweaters or jackets, and similar garments are not permitted as professional dress.
- Pants should not be too tight.
- No back patch pockets, cargo-type pants, stretch-style pants, jeans, or joggers.
- Denim, flannel, chambray clothing/outerwear are not permitted as class dress code.
- Flip-flops, Birkenstock, fishermen, and sporty-style sandals, clogs, tennis shoes, hiking/work/combat boots and similar are not appropriate for professional dress. Only dress shoes are permitted.
- Apparel may not include derogatory, profane, or immoral images, slogans, graphics, or topics.
- No visible body piercings are allowed, other than earrings.
- Clothing must be reasonably wrinkle-free and clean.

One's dress should reflect the distinction and dignity of one's sex, lending to an understanding and appreciation of men and women in the image of God. The specifications for dress code set out in this section are not meant to be exhaustive; BWE counselors and staff will be the judges of whether an outfit is acceptable dress code on whatever occasion. If a student is wearing clothing which does not fulfill the dress code, he or she will be asked to change.

Please note that the Best Week Ever Dress Code differs slightly from the dress code for students at Christendom College during the school year, for the sake of simplicity.

Thank you for abiding by our Best Week Ever Dress Code!



THE BEST WEEK EVER 2026
Christendom College
Front Royal, VA
admissions@christendom.edu
540.551.9187

Transportation Policies

Christendom's transportation department picks up participants (free of charge) at the **Dulles International Airport (IAD)** and the **Vienna Metro Station**. * All arrangements must be made with the Admissions Office **at least one month prior to arrival** -- no exceptions!

For those who are driving to the Best Week Ever, please arrive on campus between 1:00 pm – 3:30 pm on the first date of the Best Week Ever (Sunday), and plan on departing any time after 9 am and before 1 pm on the last day of the Best Week Ever (Saturday).

For those flying in, book your flight to arrive at Dulles on Sunday (first day of the Best Week Ever) so that you can take one of the college's free shuttles. The shuttles will depart from Dulles at 1pm, 2:30pm, and 4pm. If your flight arrives earlier in the day, please plan on waiting in the airport until those times. On Saturday (the last day of the Best Week Ever), students may book flights departing anytime between 9am - 4pm.

PLEASE MAKE SURE YOUR FLIGHTS MEET THESE REQUIREMENTS!! We cannot pick up students at any other times than those listed above.

****We do not offer transportation to and from Reagan National Airport (DCA). Students choosing to fly into Reagan can access the Blue Line metro directly at the airport and then transfer to the Orange Line until they arrive at the Vienna station, which is the final stop.***

Please fill in your travel information below. All participants, even if driving to and from campus, must fill out the travel information form. Thank you!

Travel Information Form

Arrival Info

Arrival [-- Select an Option --] *

- ☐ Driving to Campus
- ☐ Flying into Dulles/need a ride
- ☐ Need a ride from Vienna Metro

Arrival Date: * _____

Arrival Time: * _____

Airline: _____

Flight #: _____

Departure Info

Departure [-- Select an Option --] *

- ☐ Driving from Campus
- ☐ Flying out of Dulles/need a ride
- ☐ Need a ride to Vienna Metro

Departure Date: * _____

Departure Time: * _____

Airline: _____

Flight #: _____