

CHRISTENDOM
COLLEGE



NEW STUDENT
ORIENTATION
GUIDE

FALL 2026

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Welcome Message

Welcome to Christendom College. In the next four years you will grow intellectually, spiritually, morally, and emotionally in ways that might be hard for you even to imagine right now. On behalf of the faculty of Christendom College I pledge our help and support to you as you grow in Christ.

As Vice President of Academic Affairs, I am ultimately responsible, under President Dr. George Harne, for the quality of the College's academic program. Each member of Christendom's faculty is a highly qualified professional dedicated to student learning. Over the next four years you will be guided in your studies by professors eager to help you inside and outside the classroom. In this introduction I want to tell you briefly about the academic program and to describe the habits and resources that will ensure your academic success.

The Christendom College curriculum is a comprehensive, integrated curriculum guided by the foundational educational principles of St. Thomas Aquinas in fidelity to the Magisterium of the Catholic Church. In such a comprehensive program you will study the great ideas of the Western World through its literature, history, and political and philosophical thought. You will develop facility in Spanish, French, Latin, or Classical Greek (or in more than one!) and will study the foundational principles of mathematics and natural science. You will receive a solid grounding in the proper principles of all human studies. More importantly, you will become a learner whose education will continue lifelong. Through an integrated program of study, you will become an accomplished communicator and will learn to think with insight about the ultimate questions of human life. True education is human formation by which we become all that we can be. St. Thomas Aquinas, whose philosophy guides the Christendom education, described best what it means to be human and what education is proper to a life lived well. The natural wisdom you make your own through your diligence and study will be continually enriched by the grace of Revealed Truth and the sacramental life. This is the education that is yours for the taking at Christendom College.

The task before you is challenging, but you will have aids inside and outside of class: study-skills workshops, the writing center, the Director of Academic Success, library research instruction, and especially your professors' office hours. Please take advantage of these opportunities. Devote yourself to being the best student you can be right from the beginning, and you will make your four years of academic study satisfying and rewarding. You will enrich yourself for life.



Dr. Tracy

*Vice President of
Academic Affairs*

kevin.tracy@christendom.edu

(540) 551-9229

Academic Affairs



It is our desire that you be fully engaged in your academic pursuits and planning. It is highly encouraged to set up an initial meeting with your advisor once the first week of classes begin. During this discussion, we strongly encourage you to discuss with your advisor ideas you have about the overall academic path you want to take at Christendom. We encourage you to prepare yourself for this conversation and even direct the conversation so that these important topics are thoroughly discussed. Consider beforehand and in the conversation bring up the following topics. You will know the answers to some of these questions now; for other questions, this first discussion will begin an extended, four-year investigation and conversation at Christendom College:

- What are your academic interests?
- What are you most interested in pursuing during your time at Christendom?
- What is your final career/vocational goal, and how can your academic pursuits now best support you as you pursue this?
- How was your high school experience?
- Is there anything related to your high school experience that your advisor should know?
- Have you attended lecture-style classes before? Are you a good note taker?
- How much experience do you have with writing research papers?
- Are you concerned about special challenges in your first academic semester?
- What do you personally need to do and what support do you personally need to seek out in order to achieve academic excellence?

If you have a documented learning disability you want the College to know about, present the appropriate documentation to the Academic Accommodations Specialist. Contact the Academic Accommodations Specialist, Mrs. Katie Summers, at katie.summers@christendom.edu.

Academic Resources

As listed above in the introduction to academics, you are encouraged to learn more about the following offerings designed to assist students in their academic life. Students who use these resources well are mostly likely to get the most out of their own academic potential:

- Study-skills workshops
- The writing center
- Peer-to-peer tutoring and mentoring
- Director of Academic Success
- Library research instruction
- Routine visits with professors during their office hours

We will present these academic resources to you during Orientation. Additional information on these resources can be found in the College Bulletin at christendom.edu/academics/bulletin/, by speaking with your advisor, or by contacting the Academic Dean after your arrival on campus.

Achieving Academic Success

While the College does provide resources to assist you in your academic achievement, nearly all your success is dependent on you and how you choose to use the resources around you. Here are some of our recommendations for achieving academic success at Christendom College:

- Attend all classes and come to each class meeting prepared to learn.
- Be attentive and be personally engaged in all your classes.
- Do your reading and assignments.
- Be proactive in your education.
- Don't wait for small issues to turn into large issues; seek assistance as soon as you see that you may be struggling or falling behind.
- Use your professor's office hours to ask additional questions or to review coursework you find difficult or don't understand or simply to confirm that you are understanding from class what you are supposed to understand.
- Study with those who truly help you excel academically.
- Self-evaluate your study habits and note taking skills regularly. Ask the following:
 - Are my current study habits working for me?
 - Do I need to change my study patterns or location or modify my study hours?
 - Are my notes helpful to my preparation for tests, quizzes, etc.?
 - If not, how can I improve my note taking skills?
 - Do I review my notes after each class meeting and do I fill gaps in my notes by talking to other students or to the professor?
- Consider speaking with the Academic Dean or a professor whose teaching style you find especially suited to the way you learn in order to improve your study habits and note-taking skills.
- Carefully consider your involvement in non-academic activities. You are a full-time student, which means you put as much time and effort into your academic success as you would into a full-time job upon graduation. Do your non-academic activities contribute positively to your success as a student and your formation as a mature disciple of Christ?
- Don't over-commit yourself. Add one activity or commitment at a time so you don't become overwhelmed.
- Get a full night's sleep. "Fatigue makes cowards of us all"; that is, being overly tired makes every task more difficult and daunting and significantly decreases our chances of meeting the daily challenges and unusual demands that we inevitably encounter in a semester.
- Maintain an overall healthy lifestyle. Eating poorly, not exercising, late nights (which can bring about illness) do not excuse you from fulfilling the same responsibilities as a student. Make good health and order of life a priority!
- What to do if you're lost and overwhelmed? Reach out to the Director of Academic Success as a lifeline for discovering a personalized plan for moving forward.

We encourage you to read both the Academic Bulletin and the Student Handbook, available online, completely prior to your arrival so you are aware of all academic expectations, standards, and resources. If you have any academic questions either at the beginning of your time at Christendom or at any time during your experience at Christendom, we strongly recommend that you not only see your advisor but also seek the counsel of the Academic Dean. We look forward to working with you in these particularly important years as you engage in this academic experience and enter adulthood!



Dr. Whitmore

Academic Dean

andrew.whitmore@christendom.edu

(540) 551-9222



Class Registration

During the month of July, you will be contacted by the registrar with details about how to register online for classes for the Fall 2026 semester.

Online Book List

The online book list is our system for determining all required and recommended books.

After you have registered for your courses, visit the [book list website](#), select the Department, then the Course, and then the Section. This will display both the required and recommended books for the course. As a convenience, whenever the ISBN is provided for a book, several links to popular book sites are provided for that title.

Please note that there is no place on campus to purchase textbooks. Textbooks may be purchased through any seller you wish to use. **Be sure to search for books using the ISBN indicated on the book list site. Please note that professors frequently direct you to purchase a specific edition of a text; in these cases, you are required to purchase the edition specified.**

Once you have registered for your courses, you should be able to order the bulk of the semester's books using the Christendom Online Book List. You should order your books promptly after registration to ensure that books arrive in a timely fashion. Please have books shipped to your home if possible. If you need to ship them directly to campus (see "Mail" on p. 14), please ensure that all packages are clearly labeled with your full name (including middle initial, if possible) to ensure you receive the correct packages upon your arrival on campus.

 <https://portal.christendom.edu/booklist.a5w>



Walter

Registrar

walter@christendom.edu

(540) 551-9175

Student Life

Welcome to Christendom College and to the Office of Student Life. In choosing to come to Christendom, you have chosen a rigorous course of study, the likes of which few people undertake in their lifetime. You have also chosen to be a part of a unique community of students, faculty, staff, and alumni. We want to challenge each new student to seriously consider what his or her role in this community will be. A lot will happen between your first day on campus and the time you walk across the stage to receive your diploma at Commencement. Commit now to growing as a scholar, a servant, a leader, and, most importantly, a disciple of Jesus Christ during the next four years. The Office of Student Life is committed to offering you the support and accountability you need to succeed during your time on campus and in the years beyond.

The Office of Student Life includes:

- Dean of Students
- Residence Life
- Student Activities
- Athletics
- Chaplaincy
- Health Resources
- Missions and Outreach
- Rome Semester
- Campus Security

In the following pages, you will find more information about many of our services and resources. We have also highlighted some of our practices that we feel you should know more about as you begin your journey here at Christendom College. If you have any questions, please don't hesitate to contact the Student Life Office at studentlife@christendom.edu or by calling (540) 551-9242.

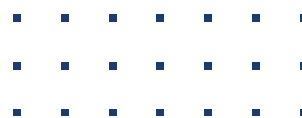


Mr. Tim Cook

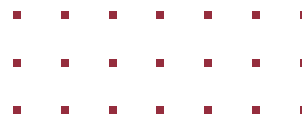
*Vice President for
Student Life*

timothy.cook@christendom.edu

(540) 551-9218



Day One Policies



At Christendom College, we believe in the development of virtue in the whole person through intentional formation. We further believe that formation is best fostered when the environment promotes positive personal choices. Many of our policies are focused on assisting in the formation of character through the development and strengthening of virtue. For instance, we only allow alcohol on campus at school-sponsored events (served to of-age students only). In this section, we have highlighted a few of our policies that we feel are particularly important for you to know about and understand prior to your arrival on campus. We are addressing these policies for you not necessarily because they are of more value or carry more weight, but simply because they will impact you as a student immediately upon your arrival on campus.

You should also review all College's policies in the [Student Handbook](#), which can be found online. Each student is *strongly encouraged* to read the handbook in its entirety prior to arrival on campus, as there are policies and practices in the handbook that will impact the life of each student while they attend Christendom College. Thorough understanding and familiarity of the Handbook is not only required by all students but will also prove beneficial to each student during their time at the College.

 <https://www.christendom.edu/handbook>

Student Email



Consistent communication on a college campus is important, especially when you consider the busy life of the student. To streamline communication in Student Life, our primary form of communication with students is through their christendom.edu email accounts. Consistent use of email substantially assists a student by keeping them informed about events and happenings that will impact their life as a student. Students are completely responsible for being aware of and responding as necessary to email communications from the College. For more information about your College email account, please see the Technology Services section of this guide.



Dress Code

Collegiate study is professional work; therefore, a professional and modest dress code is implemented to enhance the learning environment by respecting and promoting the dignity of the human person. At Christendom College, we have a specific dress code which reflects the dignity of the pursuit of a liberal arts education. Our dress code is something we practice continually here at Christendom College.

The intention behind any professional dress code, including that at Christendom, is to help you and those around you to focus on the work and task at hand more than on the way someone is dressed. The Professional Dress Code is specifically implemented for all classes, community Masses at 11:30 a.m. (M-F) and community lunch (M-F). Sunday Dress Code is required for Sunday Mass and brunch. *You do not need to be in professional dress code for Move-in Day.*

In addition, because we value the dignity of the person, the College requires that all dress be modest and respectful. Therefore, the Modesty Dress Code is in effect at all times. We understand that, in the current culture, modesty can be a difficult topic to wrestle with, a priority that is easily misunderstood, and a standard that can feel difficult to meet. If you have any concerns or questions, please don't hesitate to reach out to Mr. Cook, Mrs. Plasberg, or the Residence Directors. Please plan as you pack so you have the proper attire and accessories suitable for the dress code.



Curfew

In keeping with the principles of strong faith, personal formation, and communal life, Christendom College has a curfew policy for students who are freshmen or sophomores and under 21 years of age. These policies are in place to assist the student with the transition to college and to promote healthy personal decision making which will in turn foster spiritual, academic, and physical well-being. The College is concerned with the formation of each student and aims to provide an environment that is supportive of this goal.

Details of the curfew policy are continued on the next page.

Curfew is as follows:

- 12:00 a.m. for nights before class days (typically Sunday night through Thursday night)
- 1:00 a.m. for nights before a non-class day (typically Friday night and Saturday night)

At curfew, the Resident Assistant (RA) on duty will check in each resident who falls under the curfew policy. This is typically done by stopping by each resident's room. If you are in another resident's room or somewhere else in the halls, it is your responsibility to make your presence known to the RA on duty. Any student who is late for curfew will be assigned sanctions as deemed appropriate by Residence Life staff. Curfew is in effect every night the student stays on campus.

Sometimes a student bound by curfew will need to leave campus overnight. In these instances, students are required to fill out an [Overnight Request Form](#) (found on the Christendom website). You will be notified via email when your request is approved. Once a student is 21 years of age or of junior status (with a declared major), he or she is no longer subject to curfew or submission of an Overnight Request Form.

Alcohol



Christendom's alcohol policy aims to restore alcohol to its proper place in a community. Jesus blessed the wine at Cana to be used as a means of celebrating a joyful occasion within the community. In this spirit, from time to time the College will provide alcohol to of-age students in a communal setting as we celebrate together and enjoy each other's company.

To this end, no one under the age of 21 is allowed to possess or consume alcohol on campus. Those over the age of 21 are not allowed to possess their own alcohol on campus, but the College does serve alcohol during different community events throughout the semester to of-age students.

Binge drinking culture has no place in a Christian community. We hope to foster an environment where alcohol can be enjoyed in moderation but never used as a substitute for true friendship or camaraderie. Binge drinking can seriously derail a student's academic career and intoxication is a serious moral matter. For this reason, drinking underage, possessing alcohol on campus, intoxication and even intoxicated behavior are taken very seriously and often result in serious sanctions, particularly for first year students. Student Life has resources available for any student who believes he or she may have a problem with alcohol.

Residence Life

The Residence Life staff is excited to welcome you to Christendom's campus! The communal life at Christendom complements and enhances the academic and spiritual growth you will experience during your time here. We know your residence hall will never quite be the same as home, but we hope to provide you with an on-campus experience that complements and deepens the liberal arts education you pursue here and an environment that nurtures your growth as Christian men and women. The Residence Life staff consists of the Director of Residence Life, as well as the male and female Residence Directors (RD), both of whom live on campus. They are here to serve you as you live out your life in the halls and offer mentorship during this exciting time in your life. Please feel free to contact us at residencelife@christendom.edu with any questions throughout the summer, and we look forward to welcoming you to campus in August!



Mrs. Pam Plasberg

Director of Residence Life

pam.plasberg@christendom.edu

(540) 551-9245

For any housing accommodations needs, please contact Mrs. Plasberg at pam.plasberg@christendom.edu.



Brendan Summers

Men's Residence Director

brendan.summers@christendom.edu

(540) 551-9244



Maria Simon

Women's Residence Director

maria.simon@christendom.edu

(540) 551-9243



Life in the Residence Halls

Living on campus at Christendom is a vital part of the unique experience of this college, since considerable time is spent studying, relaxing, and talking with other students in the residence hall. The College's motto is *to restore all things in Christ*, and that is the foundation for community life in the residence halls. Friendships based on the pursuit of Truth and following Christ develop when fellow students are sharing life together and striving for the same goals. With this in mind, it is important to us that you are prepared for community life in the residence halls at Christendom College. This section of the guide will orient you to some of the resources and accommodations available through the Residence Life office.

Please fill out the *Residence Life Roommate Questionnaire* form found in the Orientation Checklist on your MyChristendom account. The questionnaire helps the RDs match roommates for their first year of college. ***Roommate assignments will be emailed to you approximately two weeks prior to your arrival on campus.***



Residence Halls

Women's Residence Halls

- St. Campion Hall
 - double rooms, shared bathroom, common space on each floor
- St. Catherine Hall
 - double/triple rooms, shared bathroom, sinks in each room
- St. Clare Hall
 - double suites share a small common room with double sink; shared bathroom

Men's Residence Halls

- St. Benedict Hall
 - triple/quad rooms, shared bathroom, common space on each floor
- St. Joseph Hall, St. Francis Hall, St. Columba Hall
 - double/triple room, private bathroom for each room
- St. Anne, St. Augustine, St. Dominic, St. Pius, St. Teresa Halls
 - family-style homes on East Campus that house between 4-10 men

The average residence hall room size is approximately 12' x 14.' The number of residents per room depends on the specific size of a room. On average, our residence hall rooms accommodate between two and four people.



Resident Assistants (RA)

Resident Assistants are specially trained students assigned to a floor or wing of each residence hall on campus. As student employees of the College, their role as leaders and mentors is to facilitate community life at Christendom while living among their peers. This means they get to know and foster relationships with residents, encourage the respect of individuals, maintain the property of the College, uphold the policies and rules of the College, and strive to live their lives as examples of Christian men and women along with their peers.



Provided Amenities

- twin size bed and mattress (these are standard twins, not “long” twins)
- one desk and chair
- one dresser
- one closet space or wardrobe
- common space amenities provided:
 - irons (auto shut-off) and ironing boards for each floor
 - first aid kit in the RA’s room
 - microwave for each floor
 - each residence hall has laundry facilities



Permitted Electrical Appliances

- coffee pots (must have automatic shut-off feature)
- irons, flat irons, curling irons (must have automatic shut-off features)
- blow dryers
- small refrigerators (no larger than 4.4 cubic feet)
- laptops, desktop computers, and printers
- no other appliances are allowed in the halls (unless permission is given by the Director of Residence Life)





Forbidden Items

- open coil heaters
- toasters, toaster ovens, crock pots, pressure cookers, and similar appliances
- hot plates or “George Foreman” style grills
- popcorn poppers or any appliance that has an exposed heating element
- personal microwaves (communal microwaves are supplied throughout the halls)
- pets are not permitted on campus for health and sanitation purposes (a fish is allowed with permission from the RD)
- Wi-fi routers or other devices that create a wireless network (smart phones are permitted)
- weapons; the storing of weapons in vehicles is prohibited (banned weapons include but are not limited to swords, knives (longer than 4”), guns, stun guns, paintball, pellet, BB, nun chucks, air soft guns, brass knuckles, tasers, etc. See the Student Handbook for further information)



Room Keys

Residents will be issued a College ID upon arrival, which doubles as their student key card granting them access to the main doors of their residence halls. Residents will also be provided an individual room key upon their arrival to campus. Individual room keys must be returned at the time of move-out, and failure to return the key will result in a fine.

Each student is responsible for the safekeeping of his or her personal property. In the event of the loss of personal property, the College does not provide reimbursement. Students should obtain personal property insurance coverage under their parents/guardians’ homeowner’s insurance policy or obtain their own coverage.



Storage

Outside of a student’s personal residence hall room, student storage is not available on campus at any time. Students may leave their belongings in the residence halls over Christmas break, but all items must be removed at the end of the spring semester. If extra storage is necessary, there are local storage units available for rental off-campus. Please email residencelife@christendom.edu for a list of local storage facilities.



Break Policies

Residence halls are closed during Christmas break and during both the Fall and Spring Breaks. All students are therefore required to vacate campus during these times. Students are expected to make all travel arrangements according to official college closing and opening times. For specific campus closing times and transportation availability, refer to the Academic Calendar enclosed in this packet and found online.

 christendom.edu/academics/academic-calendar/



Mail

For your initial move, you may send luggage or boxes ahead to the College, but, please do not send boxes or luggage earlier than one week prior to the student arrival date. The student assumes any risk associated with sending items to the College. Make sure you put your name on all luggage or packages. Send items to:

Student's First Name, Middle Initial, Last Name
c/o Christendom College
92 Christendom Dr
Front Royal, VA 22630



Local Students

Christendom students who live in the Front Royal area with their immediate family (e.g., father, mother, or legal guardian) may request to live at home rather than in the campus residence halls. If a local student is planning on living at home, he or she must make this request no later than **June 25, 2026**. To make an off-campus request, students must fill out and sign the *Housing Exemption Form*, which can be accessed in the Orientation Checklist on MyChristendom. Please note that an off-campus housing request form must be submitted *each* academic year that a student wishes to live off campus. The Director of Residence Life will review and approve or deny these forms. Please contact Mrs. Plasberg with any questions.

Packing List

Suggested Supplies

Please Note: This list is not exhaustive; consider your own needs and living habits when you are packing. Students in halls with private bathrooms are responsible for cleaning their bathroom.

PERSONAL ITEMS

- ✓ ATM card
- ✓ credit card
- ✓ check book
- ✓ driver's license
- ✓ insurance card
- ✓ social security number
- ✓ cell phone & charger
- ✓ water bottle
- ✓ pictures, photos
- ✓ tennis | racket balls
- ✓ baseball/softball glove & bat
- ✓ cleats | shin guards
- ✓ basketball | football | soccer ball

LAUNDRY | LINENS

- ✓ detergent | fabric softener
- ✓ drying rack
- ✓ laundry bag/basket
- ✓ lint brush
- ✓ large bath towels
- ✓ wash cloths
- ✓ robe
- ✓ standard twin-size comforter,
- ✓ blanket, sheets & mattress pad
- ✓ pillow & pillowcase

SCHOOL SUPPLIES

- ✓ general office supplies
- ✓ backpack
- ✓ pens and pencils
- ✓ binders
- ✓ calculator
- ✓ notebooks
- ✓ post it notes
- ✓ stapler/staples

ROOM SUPPLIES

- ✓ alarm clock
- ✓ batteries
- ✓ clothes hangers
- ✓ desk lamp
- ✓ small trash can
- ✓ under bed storage storage
- ✓ containers
- ✓ dry erase board/markers
- ✓ wet dry vacuum
- ✓ coffee pot*
- ✓ flashlight
- ✓ drinking cups, knife, fork, spoon, plates, bowls (microwave safe)
- ✓ dish soap, sponge
- ✓ sewing kit/spare buttons
- ✓ umbrella

TECHNOLOGY

- ✓ computer
- ✓ printer
- ✓ computer paper
- ✓ printer ink
- ✓ flash drive
- ✓ surge protector (with UL listing)
- ✓ headphones/ear buds

PERSONAL HYGIENE

- ✓ shower caddy
- ✓ contacts lens supplies
- ✓ soap, deodorant, shampoo
- ✓ eyeglasses & case
- ✓ shower shoes
- ✓ hairbrush, comb
- ✓ tissues
- ✓ toothpaste, toothbrush
- ✓ mouthwash, floss
- ✓ shaving supplies
- ✓ over-the-counter medication
- ✓ prescription medication
- ✓ thermometer
- ✓ antibiotic ointment
- ✓ vitamins
- ✓ misc. first-aid needs
- ✓ hairdryer
- ✓ curling iron | straightener*

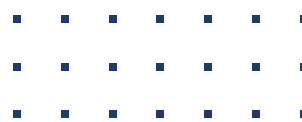
*must have auto-shutoff feature

Items Not to Bring

- ✗ candles, wax warmers, incense
- ✗ devices with open flame/element
- ✗ curtains (blinds provided)
- ✗ pop-corn poppers, fryers
- ✗ electric blankets, electric mattress pads, etc.
- ✗ multi-plug adapters (other than surge protectors)
- ✗ space heaters
- ✗ halogen lamps
- ✗ fireworks
- ✗ kitchen appliances, including microwaves, toaster ovens, crock pots, pressure cookers, etc.
- ✗ flags
- ✗ large wall hangings
- ✗ George Foreman grills or similar
- ✗ weapons(even for display)
- ✗ Wi-fi routers
- ✗ Fridge larger than 4.4 cu ft
- ✗ pets
- ✗ illegal substances
- ✗ tacks or nails**

**only 3M products, mounting putty, or over-the-door hangers should be used for hanging items; students assume responsibility for any damage resulting from hanging items on walls

Student Health Services



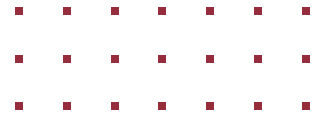
Christendom College is committed to assisting students with their overall transition to college, including making proper provisions for the student's health. If you are sick or injured and it is not an emergency, the Nurse's Office is the place to visit. The Nurse's office is located in the Lower Level of St. Lawrence Commons, where office hours are posted.

Whether a student requires treatment or needs to know whether to see a doctor, the nurse can help with assessment, education, and first aid, including dispensing generic over-the-counter medications. While there is no charge for the nurse's visit, it's a good idea to bring your insurance card in case a doctor's appointment is needed. All visits and medical records are strictly confidential.

It is important to note that Christendom College does not offer physician-prescribed medical treatment of any kind. Further, the College offers the following list of recommendations when considering student health and the move to college:

- Make certain the College *Health and Physical Exam Form* is filled out accurately. This could provide major assistance should emergency situations arise and may also be useful in preventative treatment.
- It is recommended that each student consider establishing a relationship with a local physician of choice in case more advanced care and diagnosis is necessary during the student's time in college.
- Each student should know as much about his or her physical health as possible. For example, if the student is taking a prescription, what is the prescription's proper name and dosage? Further, if there are preexisting conditions, be sure that the student can accurately name the condition and has full awareness of his/her treatment if applicable.
- If a student has a major health condition, the student is advised to create his or her own treatment plan that can be shared with a friend and/or a person in Residence Life. This is important because emergencies often occur at unconventional hours or off-campus.
- If a student has a history of mental health conditions or would like to speak with a counselor for any reason, counseling services are available on campus. Students will receive more information when they arrive on campus about scheduling appointments with the Counselor. If a student is experiencing symptoms of psychological difficulty, he/she is urged to speak with the Counselor, Nurse, and/or with the Dean of Students or the Director of Residence Life.

Health Insurance



The College does not provide student medical insurance for illness during periods of enrollment at the College. While having an insurance plan is not required, the College strongly encourages students to be on a medical insurance plan while they are enrolled at the College. All students are still required to provide proof of a physical health exam before they come to campus as a freshman and before they study abroad. A student who is not enrolled in a health insurance plan may be asked to obtain a physical evaluation periodically during his or her enrollment.

**Find the *Health Insurance Form* on your
MyChristendom Orientation Checklist.**



Chaplaincy

The chaplaincy at Christendom College strives to provide the best spiritual environment possible for each student. The Chaplaincy is comprised of two full-time chaplains, an administrative assistant, and a student sacristan. Their offices are located in Padre Pio Hall on East Campus.

Chaplaincy serves the the community through:

- Daily Mass (both in English and in Latin)
- Daily celebration of the Sacrament of Penance
- Solemn Exposition and Benediction of the Blessed Sacrament (weekdays)
- Spiritual direction
- Vocational discernment
- Retreat opportunities
- Formational talks and discussions throughout the year on liturgy, personal prayer, and the Christian life
- Other special events that are incorporated into our worship such as Eucharistic and Rosary Processions, First Friday holy hours, Solemn Vespers, May Crowning, and more
- Opportunities for students to participate in the corporal and spiritual Works of Mercy and a wide array of other ministries and initiatives.



**Fr. Joseph
Rampino**

Head Chaplain

fr.rampino@christendom.edu

(540) 622-6128

Missions & Outreach

Throughout the academic year, opportunities for students to do outreach & service work in the local community will be made available. Opportunities include Crusaders for Life (pro-life group), Loaves & Fishes (local food pantry), on-campus blood drives, local homeless ministry, and more.

Since 1999, the College has sent over 950 students, faculty, staff, and alumni on more than 45 mission trips to some of the poorest places in the world. Previous mission trips have served in Peru, Guatemala, Nicaragua, the Dominican Republic, Mexico, Costa Rica, as well as domestic missions in Appalachia, Chicago, and the Bronx. If you would like to inquire about participating in a mission trip, please contact Mr. Cook.

Student Activities

The Christendom College Student Activities Council (SAC) encourages student growth through leadership development, service, and the formation of the whole individual. Toward this end, the Student Activities Council coordinates and executes quality social, recreational, cultural, intellectual, and religious activities for the benefit of the Christendom College student body in adherence to Christendom College's mission to restore all things in Christ. It is an organization dedicated to the service of the Christendom community through providing recreational and leisure activities, building a Catholic culture based on the College's mission. One of the things that makes Christendom College unique is the fact that the social and recreational events are put on by the students for the students.



Marilyn Charba

*Director of
Student Activities*

marilyn.charba@christendom.edu

(540) 551-9186

Dances, pub nights, musical entertainment, and skits showcase the talent and expertise of our student body. Formational events, new initiatives, club events, and our trademark events such as Italian Night, Oktoberfest, Christmas Formal, and Coffee House make the Christendom experience unlike any other. The Student Activities Council is a group of students who volunteer their time and energy in giving back to the community by putting on events for the Christendom community. There are thirty-five members on the Student Activities Council, and all are responsible for working together to coordinate and host 1-2 events per week. Membership includes:

- Student Body President & Vice President
- Treasurer
- Supply Managers
- Secretary
- Music Directors
- Advertising Team
- Volunteer Recruiters
- President for each class*

Part of the fun of putting on events occurs behind the scenes in the planning and execution of the events. The amazing atmosphere that makes your four years at Christendom memorable is due to the hard work and talents of your fellow students. If you are interested in serving your fellow students in a fulfilling and rewarding way, consider running for class president, or see one of your SAC representatives to find out more.

*Freshman class president is elected at the beginning of the new academic year.

Athletics

The Athletic program at Christendom College is designed to help form the whole person, while striving to be competitive regionally and nationally. The program consists of varsity, club, and intramural sports. As a central part of the extra-curricular life at Christendom College, the various athletic programs help students not only to stay physically active, but also provide further formation of each student's moral character by emphasizing the values of sportsmanship, high ethics, commitment, teamwork, competitive spirit, self-esteem, and self-discipline through the ordered life.

Christendom is a member of the United States Collegiate Athletic Association (USCAA) and National Collegiate Rugby (NCR). Christendom's varsity sports include women's and men's soccer, women's and men's cross country, women's volleyball, men's 7s and 15s rugby, women's and men's basketball, men's baseball, and women's softball.

Along with the varsity athletics, the Athletic Department also offer a variety of intramural sports that include: wiffleball, soccer, volleyball, ultimate frisbee, basketball, dodgeball, along with a variety of other sporting events.

Find the *Physical Activity Waiver* on your MyChristendom Orientation Checklist.



Sport, properly directed, develops character, makes a man courageous, a generous loser, and a gracious victor; it refines the senses, gives intellectual penetration, and steels the will to endurance. It is not merely a physical development then. Sport, rightly understood, is an occupation of the whole man, and while perfecting the body as an instrument of the mind, it also makes the mind itself a more refined instrument for the search and communication of truth and helps man to achieve that end to which all others must be subservient, the service and praise of his Creator.

Pope Pius XI

Sport at the Service of the Spirit, July 29, 1945



Patrick Quest

Director of Athletics

patrick.quest@christendom.edu

(540) 551-9212

christendomathletics.com

Other College Services



1 Parking

All students, including freshmen, are permitted to bring vehicles to campus. However, Christendom College is a walking campus with limited parking. You should view having a vehicle on campus as merely a place to park your car when you are not driving it for off-campus purposes.

If you are going to bring a vehicle to campus, you must complete the *Vehicle Registration Form* found on your MyChristendom Orientation Checklist (\$40.00 registration fee per semester). You will receive your vehicle decal when you arrive on campus in August.

For questions regarding parking policies, please see the “Vehicles & Parking Policies” section in the Student Handbook. Please note that unregistered vehicles parked on campus are liable to be towed. Further, once you receive a vehicle decal, you become entirely responsible for all of the parking policies and for making certain that the decal is placed promptly on the passenger side of the windshield. Any student driving a car on campus, even if it is not their own (i.e., borrowing a friend’s car) is responsible for all parking and vehicle policies. Any questions regarding parking should be directed to Mr. Cook.



2 Library

For over 40 years the library has been assisting Christendom College students in tackling the rigorous and grace-filled traditional liberal arts curriculum you are about to undertake. The Library Staff will be offering a thorough introduction to the library and its resources at the beginning of the semester.

Here are some of the services and resources offered at St. John the Evangelist Library:

- Reference Services: ask a librarian on the phone or via e-mail
- A rapidly growing collection of resources perfectly suited to the studies you are undertaking
- Access to a growing audio-visual collection
- A graduate school library, specializing in theological studies.
- Access to additional collections through the resources provided by partnering libraries in the Commonwealth of Virginia and worldwide
- Direct and wireless internet access
- Student ID creation: your ID serves as your library card, resident hall key card, and meal redemption card at the Commons
- A beautiful and comfortable setting that will promote your academic pursuits



Mr. Armstrong

Director of the Library

andrew.armstrong@christendom.edu

(540) 551-9157



Mr. Pilon

Associate Librarian

stephen.pilon@christendom.edu

(540) 551-9194

3 Technology Services

Technology Services is pleased to make electronic resources available to students for their academic and personal use, and to assist if and when troubleshooting is needed.

Student Email

Upon admission to the college, each student will be assigned a Christendom email address, which will aid in collegiate communications as well as provide each student with College email capabilities. You will receive an email with your new Christendom email address (usually *firstname.lastname@christendom.edu*) and registration information in an email sent to your current personal email address. You will need to retain this login information to access your christendom.edu email. *After your account is created, all official College emails will be sent to your Christendom email account rather than your personal account.*

Computer & Printer Access

Multiple computers with internet access and word processing software are available for student use in St. John the Evangelist Library. Printers are also available in the Library, the St. John Paul the Great Student Center, and St. Lawrence Commons for papers, reports, and other academic materials. Students are welcome and encouraged to bring their own laptops and printers to campus, as personal devices can be particularly beneficial for academic work.

Internet Access

Wireless internet access is available for students in the Library, Student Center, St. Lawrence Commons, Regina Coeli, Old Chapel Hall and Crusader Gymnasium. Wireless printing is only available in the library. There are internet ports and power outlets available in the library for students who wish to utilize personal laptops in this location. You can check out an internet cable to use these ports with your Student ID card. Internet access is not provided in the residence halls.

Technology Support

Contact Technology Services at tech.support@christendom.edu with questions.

Mr. Douglas Briggs

Chief Technology Officer

doug@christendom.edu

(540) 551-9158

Mr. Craig Spiering

Technology Services Assistant Director

cspiering@christendom.edu

(540) 551-9205

Mr. John Belton

Audio-Visual Services

john.belton@christendom.edu

(540) 551-9275

4 Operations

The Mission Statement of the Operations Department will help you understand who they are and what they do:

The Operations Department exists as a whole to support the College as a leading Catholic liberal arts institution by maintaining and operating physical environments conducive to academic excellence, while providing an exceptional campus experience for the students, faculty, staff, and visitors.

With a shared commitment of service to others always before us, they will endeavor to lead by example in the care and stewardship of the College's resources and assets. Below is some information that will be helpful when you first come onto campus.

Maintenance Request

Any student may use the College's online work order system to report maintenance issues in their rooms or with campus facilities. Registration is required to submit a request and can be completed using the link found on the Student Resource page in MyChristendom. Be sure to review the tutorial available there before registering.

Keys

Students will be provided a key to their residence hall rooms at the beginning of the school year. Because losing a key is a serious safety concern, there is a \$100 fee to replace a lost key. If a student does lose or misplace his or her key, he or she should notify the Operations Department immediately.

Transportation

The College provides students with scheduled airport transportation to and from Dulles International Airport and the Vienna Metro Station at the beginning and end of the academic year as well as for all academic breaks. Please see christendom.edu/transportation for more information on this service and accompanying fees. The College also provides a free daily town run to Walmart M-F for students to be able to pick up needed supplies.

Should you have any questions regarding any of the above services or College facilities in general, please stop by the Operations office located in Newman House at the end of Scenic Drive (the road next to Crusader Fields). The Operations Department looks forward to providing you with the best possible services!

Food Service

All on-campus students are required to be on the College's meal plan. Every meal at the college is a community meal, thus classes are not scheduled during mealtimes. Non-resident students may purchase a partial meal plan if they need to take certain meals from the Commons by contacting Mr. Heim (tom.heim@christendom.edu). Students may have guests dine with them for an additional cost that can be paid at the time the meal is taken. All dishware and silverware are to remain in St. Lawrence Commons and are not to be taken to your rooms. Please be responsible about this. Please visit our page on Christendom's website for more information.

 <https://www.christendom.edu/campus-life/student-services/dining-2/>

The Meal Schedule (all meals cost \$11.00 for those not on the meal plan):

- Monday-Friday
 - Breakfast 7:30AM - 10:00AM
 - Lunch 11:15AM - 1:30PM
 - Dinner 5:00PM - 7:30PM
- Saturday-Sunday
 - Brunch 10:00AM - 12:30PM
 - Dinner 5:00PM - 7:00PM

Each student on the meal plan must bring their student ID to every meal. This ID is the same one you use in the library and for general identification. If you don't have your ID with you when entering the dining hall, you will be asked to go back to your room and get it. You may not use another student's ID card to eat. If you lose your ID card, you must go to the library and get another one before you can enter. There is a small fee to replace your card. Please be responsible with your cards.

Special Dietary Needs

A student who believes that he or she has a special medical dietary need and thus needs special food accommodations must contact Mr. Heim. Mr. Heim will work with you, in conjunction with our Executive Chef, to make every effort to accommodate any dietary request. Should the College be unable to accommodate your request, Mr. Heim will work with the student to apply for an exemption from meal plan and arrange for appropriate accommodations.

Mr. Tom Heim

Director of Operations

tom.heim@christendom.edu

(540) 551-9155

Mr. Stephen Bieker

Executive Chef

stephen.bieker@christendom.edu

(540) 551-9208

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Enrollment & Student Success

The Enrollment Office, which oversees admissions, student satisfaction and success, retention, and career development is staffed by customer service oriented professionals, ready to help you strive for success and achieve greatness.

Enrollment Office

Vice President for Undergraduate Enrollment, Mr. Tom McFadden, whose office is in Regina Coeli Hall, provides vision and strategic direction for enrollment management and retention. He is always available to answer your questions or concerns and to ensure that your time spent at Christendom is the best it can be. He works very closely with the Admissions personnel, who are located in Regina Coeli as well. Mr. McFadden serves as the coordinator and primary teacher of the career development courses required for all students: Education for a Lifetime (EFL).

Accommodation Services

Christendom College is committed to providing accommodation services to students with unique academic accommodation needs. As the Academic Accommodations Specialist, Mrs. Katie Summers meets one-on-one with students, assesses their needs, listens to their concerns, creates a personalized accommodation plan with the students, and is available for ongoing support throughout the students' time at Christendom. Mrs. Kaelan Hsu, the Director of Academic Success, is also happy to assist students if they have any questions or concerns about academic accommodations.

Academic Success

Everyone involved at the College is interested in helping students to succeed in their academic studies. But sometimes people run into problems and need a little additional help or direction. The college's Director of Academic Success is here to assist in these areas. With an office located on the main floor of the St. John the Evangelist Library, her goal is to help students who are in distress and need help. She helps students with time management skills, study skills, note-taking skills, and so much more. Through her efforts, many students have been able to get back on track and achieve academic success.

Mr. Tom McFadden

*Vice President for
Undergraduate Enrollment*

tmcfadden@christendom.edu

(540) 551-9220

Mrs. Kaelan Hsu

*Director of
Academic Success*

kaelan.hsu@christendom.edu

(540) 551-9177

Mrs. Katie Summers

*Academic Accommodations
Specialist*

katie.summers@christendom.edu

(540) 551-9101

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Career Development

Christendom College alumni are working in every field possible and have found great professional success working as lay apostles in the world – which is the primary goal of the College. We are proud to provide individualized and personalized assistance to help you plan and achieve career and vocational success. The tools offered will help you explore options, connect with opportunities, and succeed no matter what your career aspirations are.

We provide the tools to:

- Prepare you to be a professional in the world
- Explore and choose career options that fit your personality, skills, and abilities
- Obtain internships, employment, and volunteer opportunities
- Pursue post-graduation career plans, including full-time employment, religious life, married life, and graduate school
- Connect with employers, graduate schools, and religious orders who are interested in recruiting Christendom students

Additionally, we are integrally involved in the College's flagship course, Education for a Lifetime (EFL), which is designed to enhance your learning environment by integrating your career discernment into your liberal arts education. Required classes and workshops are offered each semester to aid you with discerning your career goals. We bring in many alumni to speak with students and to serve as mentors to you as you progress through your education on campus. Throughout the year, we also host numerous employers, who are eager to recruit our students – both for summer and post-graduation positions.

Resume and cover letter writing, interview skills, career counseling, and networking opportunities are just some of the many offerings you will have through your interactions with the professional staff in the Career & Professional Development Office, which is located on the first floor of Regina Coeli Hall.



Mrs. Kristin Stephens

Director of Career & Professional Development

kristin.stephens@christendom.edu

(540) 551-9233



Miss Anne Chavez

Employer Relations Coordinator

anne.chavez@christendom.edu

(540) 551-9236

Contact Information



Once again, welcome to Christendom College! We hope this information has been helpful to you. We encourage you to not only use this guide for preparation now, but also consider keeping this guide and using it as necessary until you become more acquainted with the College. If you have any questions about any of the information presented in this packet or any general questions, please reach out the Student Life Office and we will be happy to assist you.

☎ (540) 551-9242

✉ studentlife@christendom.edu

🏠 92 Christendom Dr, Front Royal, VA 22630

🌐 christendom.edu/orientation

